



MAHIM WAVES

MARCH, 2024



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❖ Bulletin Chairperson – Shobha Karnik ❖ Co Editor - Asavari Chandodkar ❖



FROM PRESIDENT'S DESK



Dear Esteemed Members,,

I am delighted to announce the completion of two significant projects this month, funded by our members and long-awaited since last year. Both donors had specific causes in mind, requiring the perfect opportunity to materialize.

Rtn. Julina was keen on benefiting the Pathology department of KEM Hospital, given her late husband Dr. Ulhas's association with it. With the collaborative efforts of Rtns. Sunita, Suryakumar, and HOD Pathology Department Dr. Asha Shenoy, we successfully identified the Digital Microscope. This advanced tool enables doctors and students to view images on a large screen and seek expert opinions remotely. On the other hand, Rtn. Chittaranjan Datar wanted AED machine to be installed at Dadar Station only. Despite RCMM's efforts to secure permissions from the Railways hitting roadblocks, a breakthrough came when Rtn. Shital, through her NGO connections, facilitated a meeting between RCMM members and the Mr. Pandey Station Master of Dadar. At Dadar station thousands of commuters travel during the day and it can help medical staff at the station to give emergency CPR to patients suffering from cardiac arrest and save their lives with timely help.

Both these projects are a perfect example that if we work towards particular goals, we do get support from the universe and it helps us in finding right people who help us complete the goals.

Under Rtn. Sunita's leadership, we successfully organized an online Organ Donation Awareness webinar. The team worked diligently to craft engaging content, including relevant questions that addressed common doubts about organ donation. A special thanks to our esteemed members, Rtn. Dr. Nilesh Satbhai and Rtn. Dr. Pallavi Saple, for their insightful contributions as panelists.

This webinar marks a small yet significant step towards our goal of raising awareness about organ donation. I strongly believe that we should plan an offline event on a larger scale to reach a broader audience. I am confident that all members will wholeheartedly support this initiative. Rtn. Prakash Samudra's participation in a similar event organized by the Pune Rotary Club provides valuable insight that will assist us in planning our own event.



FROM PRESIDENT'S DESK

We were happy to help Master Meet Desai for taking part in Gymnastics competition held at Jammu and he performed very well in the competition. We also helped Mr. Yadav for his dialysis treatment.

We were most happy to give a Vocational Excellence Award for exceptional work done by Dr. Ajay Darekar in education field. He also graciously accepted our invitation to become our club member from April, 2024.

As the month draws to a close, I am filled with joy at the successful completion of several meaningful projects, thanks to the dedication of our members. This achievement inspires us to plan and execute even more impactful initiatives in the coming months. Together, we have already made a positive difference, and together, we will continue to strive towards making our community an even better place for everyone.

Enjoy Rotary and Enrich Life.





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We meet alternate Saturday at 9.00 a.m. at AOTS Hall else on Zoom Conference.

Year 2023-24

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DONATION OF DIGITAL MICROSCOPE TO KEM HOSPITAL

On 6th March, 2024, RCMM inaugurated a Cilika Digital Microscope donated to the Pathology Department of KEM Hospital. RCMM stickers were affixed to the microscope, and a permanent placard adorned the wall.

This impactful project was made possible through the generous donation by Rtn. Julina and her friend Shubha. Rtn. Julina expressed gratitude to RCMM members for selecting the right project, aligning with her vision of donating equipment to the pathology department at KEM Hospital, where the late Dr. Karkhanis had served. She emphasized the collective impact of group contributions over individual donors. PR Pradnya and other RCMM members also shared their thoughts.

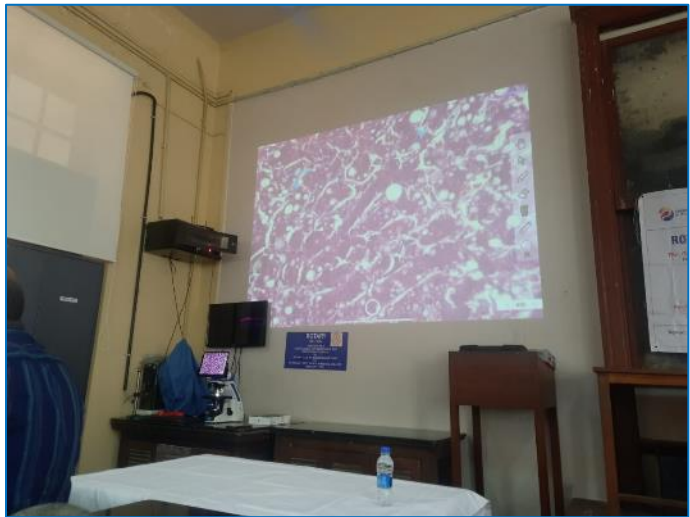
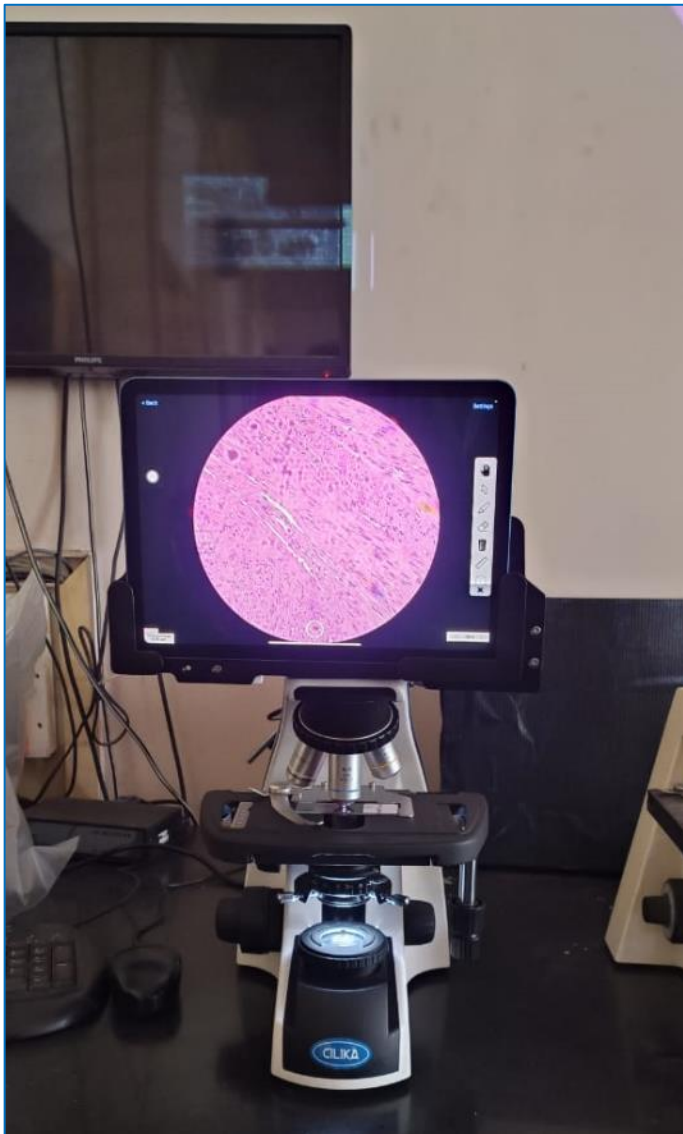




DONATION OF DIGITAL MICROSCOPE TO KEM HOSPITAL

Overall, this project was immensely satisfying as the Cilika Digital Microscope is a versatile and user-friendly instrument renowned for its high-resolution imaging capabilities across various samples. Its modularity allows for customization and upgrades, while digital imaging features enhance data analysis and sharing.

Professors expressed gratitude as the equipment will save time and energy, displaying slides on a big screen for effective learning. The staff and students of KEM will undoubtedly bless RCMM members for providing the latest modern microscope for their day-to-day education.



Sample under the microscope getting magnified view on the screen helps to analyse, understand the subject better





DONATION OF AUTOMATED EXTERNAL DEFIBRILLATOR (AED)

Rtn. Chittaranjan Datar's heartfelt desire was to donate an Automated External Defibrillator (AED) specifically to Dadar Station, driven by personal tragedy—he lost his mother to cardiac arrest due to the unavailability of an AED at the station during an emergency. Despite RCMM's efforts to secure permissions from the Railways hitting roadblocks, a breakthrough came when Rtn. Shital, through her NGO connections, facilitated a meeting between RCMM members Rtns. Dhananjay and Suryakumar, along with PR Pradnya, and Mr. Pandey, Station Master of Dadar. Recognizing the urgent need for an AED at Dadar Station, frequented by almost 10 lakhs commuters, RCMM pledged their donation.

On 8th March, 2024 the AED at Dadar Station was inaugurated in the presence of RCMM members. Prior to the inauguration, hands-on training was provided to railway personnel to ensure effective handling during emergencies.



Automated External Defibrillator





DONATION OF AUTOMATED EXTERNAL DEFIBRILLATOR (AED)

An AED is a portable electronic device crucial in diagnosing and treating life-threatening cardiac arrhythmias, enabling prompt intervention in situations like sudden cardiac arrest (SCA). Equipped with user-friendly interfaces and voice prompts, AEDs empower bystanders or trained individuals to administer lifesaving treatment even without extensive medical training.

In March, RCMM successfully completed yet another impactful project, enhancing the railway personnel's capability to manage medical emergencies efficiently. Special gratitude to Rtn. Chittaranjan for his enduring patience, now finding solace as his longstanding wish is fulfilled. Station Master has promised to put up boards all over the station indicating the availability of AED and creating the awareness.

दादर रेलवे स्टेशन पर स्वचालित डिफाइब्रिलेटर

■ हृदय गति को सामान्य करने में है उपयोगी

वरिष्ठ संवाददाता | मुंबई

लोकल ट्रेन और रेलवे स्टेशन पर यात्रियों को हार्ट अटैक आने के मामलों को देखते हुए दादर रेलवे स्टेशन पर स्वचालित डिफाइब्रिलेटर स्थापित किया गया है। यह उपकरण रोटरी क्लब ऑफ मुंबई माहिम द्वारा स्टेशन को दिया गया है। रोटरी क्लब की सदस्य डॉ. सुप्रिया प्रभाकर सापले ने बताया कि इस मंडल के किसी भी रेलवे स्टेशन पर इस तरह की यह पहली मशीन है। उन्होंने बताया कि यह स्वचालित डिफाइब्रिलेटर एक इलेक्ट्रॉनिक उपकरण है। जिसके माध्यम से हृदय की गति को सामान्य करने के लिए बिजली का झटका दिया जाता है। इस उपकरण का उपयोग हृदय गति के अचानक रुकने को स्थिति में उपयोगी होता है। इसके उपयोग से दिमाग और शरीर के अन्य उपयोगी अंगों को सुरक्षा दी जाती है।



इस तरह है उपयोगी

स्वचालित बाइपास डिफाइब्रिलेटर का उपयोग करने के लिए इसे पॉइंट की छतों पर एक डिफाइब्रिलेटर पर फिक्का देना होता है और डिवाइस के निर्देशों का पालन करना होता है। इस उपकरण का उपयोग उस समय तक किया जाता है, जब तक मेडिकल सुविधा व मिल जाए। वहीं इसका उपयोग मेडिकल एक्सपर्ट की उपलब्धता के बगैर भी किया जा सकता है।

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Mon, 11 March 2024
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Published in News Papers also

लोकमत

हृदयविकाराचा झटका आला तर...



प्रवाशांना हृदयविकाराचा झटका आल्यानंतर त्यांना तत्काळ प्रथमोपचार वैद्यकीय सुविधा मिळावी यासाठी रोटरी क्लब ऑफ मुंबईच्या माहिम शाखेच्या यतीने दादर स्थानकात स्वयंचालित डिफाइब्रिलेटर मशीन रेलवे स्थानक प्रबंधक अरुण कुमार पांडे यांना देण्यात आले. त्यावेळी रोटरीच्या यतीने चित्तरंजन दाता सुप्रिया सापळे, सूर्य कुमार, वर्षा परुळेकर, धनंजय पटवर्धन, किशोर परुळेकर आणि अन्य सदस्य उपस्थित होते.

Hello Mumbai
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DONATION OF WHEEL CHAIRS AT DADAR STATION

Having established a strong rapport with the Dadar Station Master, he also became familiar with RCMM's endeavors. Recognizing the need to assist differently-abled individuals and senior citizens who often travel by train and require mobility assistance, he requested wheel chairs. Responding to this need, RCMM generously decided to donate four wheelchairs, which were handed over on 8th March, 2024. Special thanks to Revati's friend for sponsoring two of the wheel chairs.



SUPPORT FOR DIALYSIS



RCMM received a heartfelt request through Rtn. Shobha from one of our steadfast donors. Mr. Ram Yadav, the father of a student she mentors, required financial assistance for his dialysis treatment in March. He undergoes dialysis as part of the Mahatma Jyotirao Phule Jan Arogya Yojana. Gratefully, Rtns. Shaila, Shobha, and Dnyanada, a regular donor to RCMM, extended their support to Mr. Yadav. A cheque was issued in the name of the hospital where he receives treatment, and it was collected by his son.

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Year 2023-24

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RATION DISTRIBUTION UNDER PRADHAN MANTRI TB MUKT BHARAT

Under the Pradhan Mantri TB MukT Bharat Abhiyan, ration distribution plays a crucial role in supporting individuals undergoing tuberculosis (TB) treatment. The initiative ensures that TB patients receive nutritional support through the provision of essential food items, aiding their recovery and improving treatment outcomes. By addressing nutritional needs alongside medical interventions, the program aims to combat TB more effectively and reduce its burden on affected individuals and communities.

In continuation from last month, on 16th March, 2024 ration was distributed to 16 patients at BMC dispensary, near Shree Cinema, behind Goa Portuguesa restaurant, City Light. Rtns. Dr. Gurmit, Dr. Hemangee and Dr. Supriya personally distributed the ration to the patients. Hope this helps the patients to regain their health and lead the normal life.





TRAINING

Training is vital for any organization, including Rotary, ensuring that new members grasp the basics and existing ones refresh their understanding. On 9th March, 2024, Trainer Rtn. Vidya conducted a session on 'Introduction to Rotary', covering its formation, the establishment of the first Rotary club in India, and Rotary ethics. Such sessions serve to reinforce knowledge among both new and existing members, fostering a stronger sense of unity and commitment within the Rotary community.



SUPPORT TO A SPORTS PERSON

At RCMM, we prioritize both academics and sports, striving to support athletes in their endeavors. Recently, we received a request from Prakash Mohadikar Krida Prashikshan Kendra regarding Meet Desai, an accomplished Aerobics Gymnastics athlete. Meet has earned numerous medals and has been selected to compete in the 18th Aerobic Gymnastics National Championship in Jammu & Kashmir from March 22nd to 25th, 2024. Facing financial constraints, Meet sought assistance to participate in the event.



Thanks to the generosity of PR Pradnya and Rtns. Alka and Dr. Shobha, RCMM was able to contribute Rs. 5000/- towards supporting Meet Desai, enabling him to represent himself and our community at the national level.

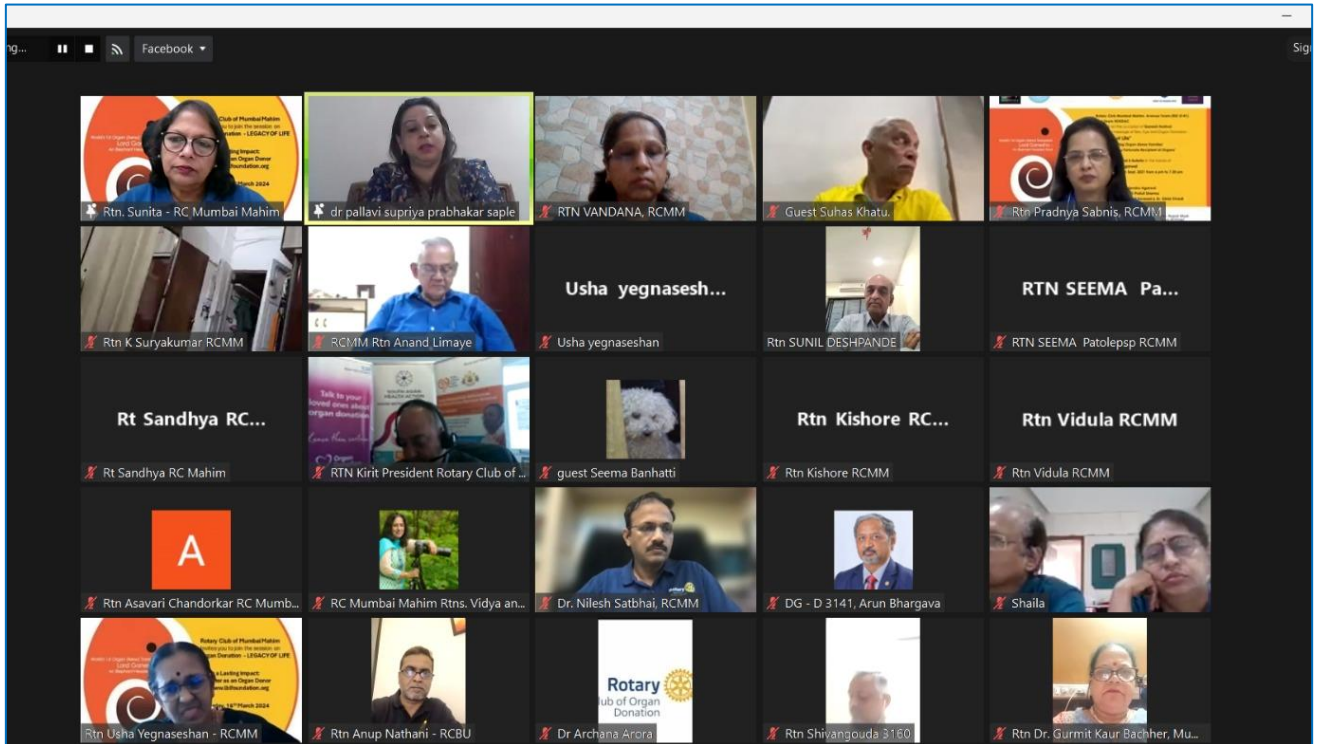


ORGAN DONATION AWARENESS SESSION

Organ donation awareness in India is a critical issue that demands attention. Despite significant progress, misconceptions and cultural barriers still hinder donation rates. Increasing awareness through education campaigns and addressing concerns surrounding organ donation can potentially save countless lives and improve healthcare outcomes across the nation. RCMM had organized the Organ Donation Awareness Session on Zoom on 16th March, 2024. Almost 50 plus people attended the session.

PR. Pradnya Sabnis opened the session and welcomed DG Arun Bhargava and all panelists. DG Bhargava congratulated RCMM for arranging the Organ Donation Awareness webinar which is of utmost importance to the Society at large. Rtn. Sunita, Coordinator and ardent propagator for organ donation welcomed the panelists viz. Dr Pallavi Saple, Dr Nilesh Satbhai, Mr Sunil Deshpande invited for the programme. Rtn Sunita reiterated that the selflessness of Organ Donor is an invaluable gift for transition in the life of Recipient. Organ donation awareness has transformative power. It is a passionate venture and RCMM members have dedication for the purpose.

Rtn. Vandana then introduced the panelists who are all Rotarians. The doctors are medical experts in their fields and have been contributing towards organ donation/transplants. Rtn Sunil Deshpande is an organ donation activist and passionate about spreading awareness by adopting different ways and means.

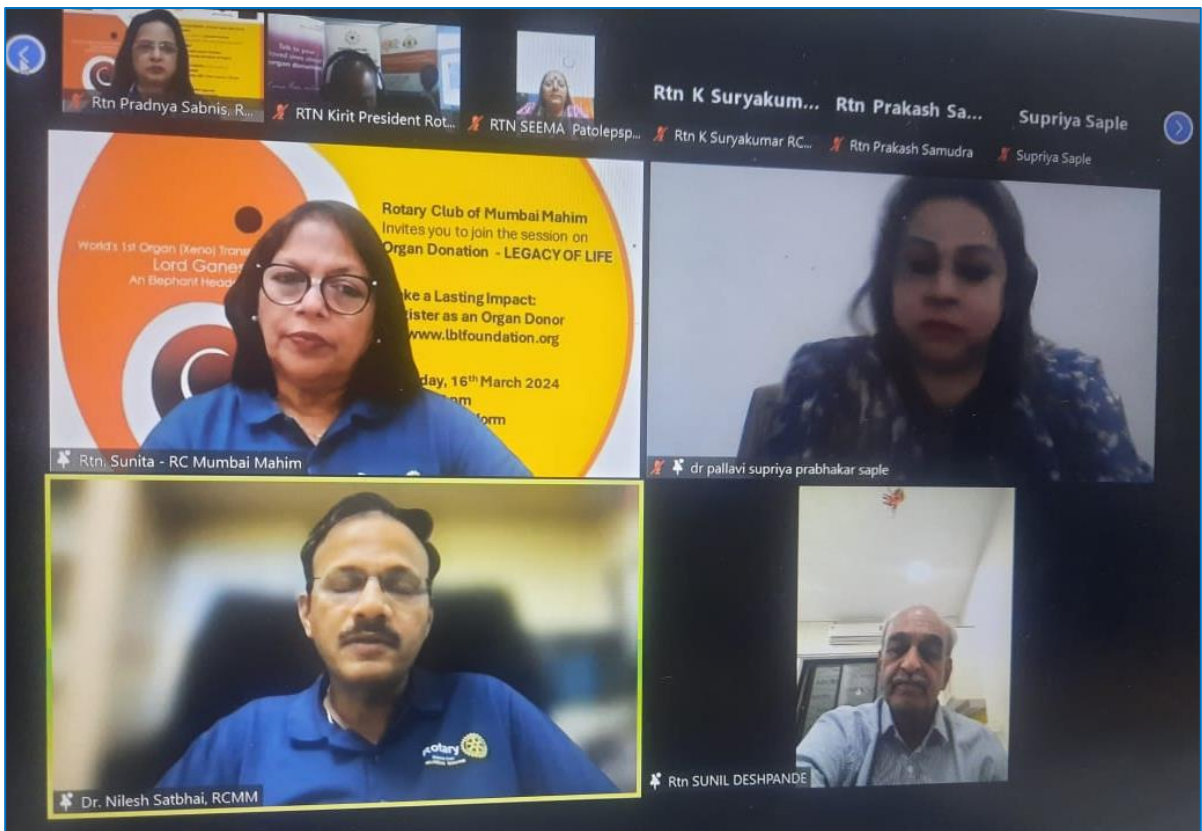




ORGAN DONATION AWARENESS SESSION

Rtn Sunita put forth certain questions to panelists on Process of organ donation, Legal structure, Cost involved, Types of donation etc. The gist of experts' opinions as well as experiences is given below:

Dr Pallavi Saple: She has opined that the Robust Transplant programme is not in place at Public Hospitals. However, road map has been laid out and Transplant coordinator has been appointed by Govt. Agency. While the process of donation in case of accident victim has to be taken up with relatives, the harvesting of organs and their transportation to recipient/s is also herculean task. The whole process requires motivation of doctors, nurses, other staff involved apart from formalities to be complied. As on date, consent of relatives is necessary before harvesting the organ of the donor as per extant law. However, the digitalization of the donor's pledge would have to be done and then, changes in Law would follow. No incentives are allowed to Donor's family as per Law, but homage to departing soul of donor by Govt. official at funeral is allowed. Dr Pallavi spoke about different types of donations viz. (i) Live Donation in case of liver, kidney (ii) Cadaver donation after death (iii) Body donation to hospital for study/research (iv) Brainstem donor ie. ventilated patient. She is positive that more transplants have to be done at Public Hospital to reduce the cost of this procedure. She emphasized the relevance of Rotary to take up awareness programme in a big way to remove misconceptions, social/cultural inhibitions from the minds of public.



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Year 2023-24

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ORGAN DONATION AWARENESS SESSION

Dr Satbhai: He being a Plastic Surgeon and hand specialist has expressed dire need of organ donation awareness and more particularly, external organ donation. There has been huge waiting list for organ requirement and the patient suffer the quality of life due to loss of hand, foot etc. He has informed that even tissues can be donated. Organ donation can transform Tragedy into Opportunity since it has positive impact on patient as well as family. Donation of external organs after death results into body mutilation which inhibits family from social point of view. He has expressed that the surgical/medical cost of implant has been high. Since the patients are from working class, the costs are prohibitive. Hospitals endeavor to subsidize these costs by resorting to crowd funding, approaching NGOs etc. The patient has to consume immuno-suppressants life long, resulting into high level of post-operative care. Empowering Govt. hospitals for such procedures will reduce the costs. He expressed the need to keep creating awareness and to encourage even for donation of tissues such as bones, tendons, heart valves etc. He has mentioned that India has superseded in hand transplants in the world, in 8 years span time but has not been able to remove doubts/misconceptions about donation of external organs.

Mr. Sunil Deshpande: He is a Rotarian from Pune North and passionate activist for Organ Donation. He has undertaken padayatra of 4000 kms in urban and mainly in rural areas during 2016-2020 for spreading awareness about organ donation. He has so far reached 50000 people in Maharashtra. Apart from padayatras, he has given lectures in schools/colleges, temples, old age homes etc. He believes that organ donation has to become public movement which would change traditions according to social requirement. He highlighted that Pune Rotary club would be starting 'Activists training programme' on a large scale from next year. He stressed the need to include organ donation in Rotary International's Thrust Area to percolate it further.

The webinar was made interesting by showing Videos of patients and families.

At the end, Rtn. Sunita expressed her sincere gratitude to all esteemed panelists and valuable insights provided by them. Although there have been complexities in organ donation, it has profound impact on Donor's families due to contribution to noble cause. She has advocated commitment to this vital cause which will carry forward awareness in the communities. She thanked all participants and closed the session.

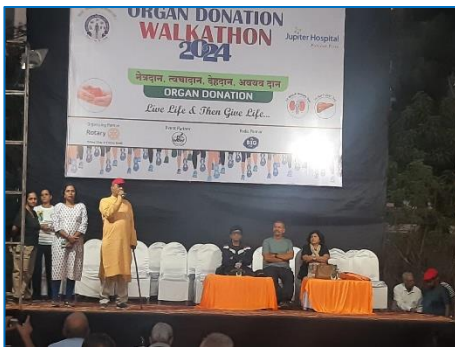




ORGAN DONATION AWARENESS SESSION

Subsequent to the awareness session Mr. Sunil Deshpande along with Federation of Organ and Body Donation and 'Rotary Club of Poona North' in association with Jupiter Hospital had organized a Walkathon on 23rd March, 2024 at 6am at Pune.

Rtn. Prakash Samudra represented RCMM by actively participating in the Walkathon.





POSTER COMPETITION - CERTIFICATE DISTRIBUTION

Rotary International initiated a Poster Competition on Mental Health at the global level, calling for submissions from Rotaract and Interact clubs. Matunga Premier School's Interactors displayed remarkable enthusiasm, with nearly 17 participants crafting posters. Selecting just one for submission to Rotary International proved challenging. Collaboratively, school teachers and Rtn. Dr. Hemangee chose the poster created by Int. Ayush Ganu Wadhaval.

In recognition of their efforts, RCMM decided to honour all participants with certificates. The ceremony took place on 22nd March, 2024, at Matunga Premier School, where RCMM members witnessed the students' exceptional creativity firsthand. Their dedication to raising awareness about Mental Health was truly commendable, filling both RCMM and attendees with pride and joy.



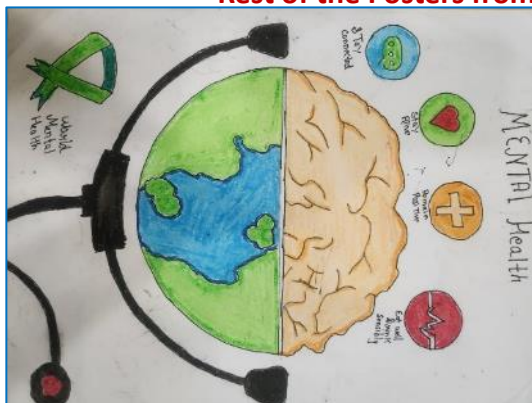


POSTER COMPETITION - CERTIFICATE DISTRIBUTION



Posters submitted to Rotary International – 1. Interact Club Matunga Premier School, 2. RC King Circle Matunga and 3. RC Ramnarain Ruia College

Rest of the Posters from Matunga Premier School



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Year 2023-24

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VOCATIONAL EXCELLENCE AWARD

The Vocational Excellence Award is typically given to individuals who have demonstrated outstanding skill, dedication, and achievement in a specific vocational or occupational field. RCMM selected Dr. Ajay Darekar for Vocational Excellence Award for his remarkable dedication to helping students and youths self-discover their true potential through creative communication, enthusiasm, and empathetic listening. At 18, he founded the Versatile Educaare System, aiming to cultivate tomorrow's leaders. Through initiatives like the VYEP program, he has empowered over 10,000 youths to realize their goals and aspirations.

Dr. Ajay Darekar was honoured at RCMM's weekly meeting held on 23rd March, 2024, where he was presented with the Vocational Excellence Award in recognition of his exceptional contributions and achievements.



Dr. Ajay Darekar shared his story with RCMM members and what motivated him doing what he currently does.

He coming from a Mumbai's Slum background, had seen life struggle at a tender age. Being a School Topper yet failed to Select Right Career at Right Time due to lack of proper guidance made him realize the core problem of other Youths and hence just at the age of 18 (in 2004), he founded Verstaile Educaare System with only 2 students and with a game changing vision of Creating Leaders of Tomorrow.

He believes current education system is not enough to build tomorrow's Entrepreneurs. They need to develop several skills and habits to succeed in life. Hence, over the years, he has trained more than 10,000 students' to self-discover themselves and achieve their Goals.



VOCATIONAL EXCELLENCE AWARD



Dr. Ajay Darekar emphasized the importance of having a purpose in life to add meaning and fulfillment. He advocated for a structured approach to discovering one's purpose, highlighting the significance of setting up a vision, mission, values, and goals. In a straightforward manner, he elucidated the definitions of these key elements: goals, mission, vision, and values.

During the session, Dr. Darekar encouraged participants to reflect on their surroundings and contemplate the purpose of their own lives. This introspective exercise aimed to prompt individuals to delve deeper into their personal aspirations and motivations.

Overall, the session proved to be engaging and enlightening for the RCMM members, who expressed satisfaction with the selection of Dr. Ajay Darekar for the Vocational Excellence Award.

Rtn. Suryakumar enthusiastically proposed Dr. Ajay Darekar as a member of RC Mumbai Mahim, a suggestion that resonated with all members present, echoing their unanimous agreement. Dr. Darekar's involvement with RCMM, particularly through his motivational sessions at CSV, Dadar Vidya Mandir, has left a positive impression on the club members. In principle, Dr. Darekar has agreed to join the club, a decision welcomed by all. The members are confident that his expertise and contributions will significantly enrich RCMM and its endeavors.



ANNADAN THROUGH DON GHAS

RCMM has been associated with NGO Arya since last 6-7 years. The NGO 'Aarya', is formed by Rtn. Sheetal Bhatkar, in memory of her son. The vision of the NGO is to alleviate some of the worries of family members of patients, undergoing long treatment in hospitals around Parel like Wadia, Tata Hospital and KEM Hospital. The initiative is called as 'Don Ghas' in Marathi means a 'square meal'. It is very well thought out with a very simple process, and smooth execution.

On 24th March, 2024 Holi Day, RCMM sponsored the lunch for 150 people. Thanks to Rtn. Revati's friend Arati Mhatre for donating for the cause. In Rtn. Revati's words – "Celebrated the most joyous होळी outside KEM Hospital. A simple gesture of applying तिलक brought spontaneous smiles, hugs and youngsters bending down to touch your feet. Ladies asking with shy smiles, "मैं आपको तिलक लागाऊ दीदी?" A thrilling and overwhelming experience'.



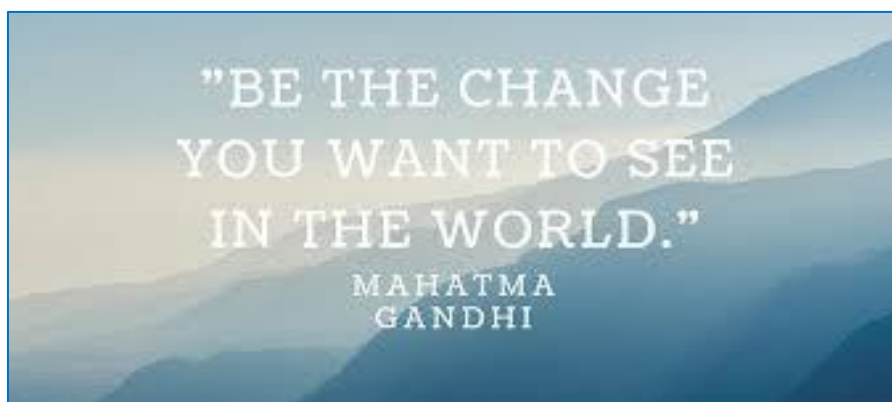


PATRONS & DONORS



RC Mumbai Mahim is very grateful to all the donors without whom it is not possible to continue supporting larger section of less privileged community. We look forward for your continued support.

Donor's Name	Amount	Cause	Through Rotarian
Rtn. Shobha Karnik	5,000	Donation - Dialysis of Ram Yadav	
Dnyanada Wagh	5,850	Donation - Dialysis of Ram Yadav	Shobha Karnik
Rtn. Shaila Rege	5,000	Donation - Dialysis of Ram Yadav	
Rtn. Pradnya Sabnis	5,000	Donation – Support to Sports Person	
Srikem Laboratories Private Ltd	1,00,000	Donation	S. Venkateswaran
Arti Mhatre	7,500	Donation - Don Ghas	Revati Kanvinde
Parulekar Shipping Pvt Ltd	24,000	Donation - Cataract Operations	Kishore Parulekar
Rtn. Nita Upadhyay	3,000	Donation	
NRB Bearings Ltd	4,00,000	Donation CSR Cataract Rs 2 lakh, Dnyaneshwar Vidyalaya 2 lakh	Varsha Parulekar
Dr. Jyotsna Galinde	20,000	Donation	Shobha Karnik
Pushkar Kulkarni	25,000	Donation	Vidya Kulkarni







FAMILY CORNER

Heartiest congratulations to **Rtn. Anand Limaye** as he is celebrating 92nd anniversary of India Printing Works!

In his own words he says, "We celebrate this incredible milestone, it's a moment to cherish the rich legacy of INDIA PRINTING WORKS and the journey it has been through over the years. Today, it's an honor for me, to carry on the torch and continue the incredible work that has been done by the great personalities before me. Our success has been possible because of the incredible support and dedication of all our stakeholders - our clients, our employees, and all our partners."





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IT IS THE HARD WORK OF EACH AND EVERY MEMBER OF THE IPW FAMILY FOR REACHING THIS MILESTONE





FAMILY CORNER

Rtn. Dr. Pallavi Saple is a forward-thinking individual who is constantly seeking ways to enhance the services and educational opportunities at J J Hospital.



Her latest initiative involves - offering transgender voice surgery, establishment of two Modern Cath lab at J J Hospital and through CSR funding getting a 34 seater Bus to be used during blood donation camps.

JJ first public hosp to offer trans voice surgery

Somita Pal
somita.pal@hindustantimes.com

MUMBAI: JJ hospital becomes the first state-run hospital to offer transgender voice surgery as they rope in Dr Nupur Nerurkar, ENT surgeon from Bombay Hospital, first in the state to do the surgery. The surgery —

Wendlers Glottoplasty — is a voice-changing surgery introduced by a German surgeon, Jurgen Wendler, which helps achieve a feminine voice for transgender persons.

Dr Pallavi Saple, dean of the JJ group of hospitals, said, "The ENT department will have an outpatient service for patients wanting feminine voice. The procedure will be under the supervision of Dr Nerurkar, who will be doing the surgeries and guiding our doctors."

Dr Nerurkar, who has performed around 60 voice surgeries, said that when a trans person wants to become a man, within six months of getting testosterone injection, the voice becomes masculine. It is the male wanting to become female where voice becomes a hindrance. "Trans persons wanting to feminise their voice rely on voice modulations. They also face vocal fatigue and mental stress. Voice change is the only permanent solution," she said.

जे. जे. रुग्णालयात आणखी दोन 'कॅथलॅब'

लोकसत्ता प्रतिनिधी

मुंबई: उपचारांसाठी येणाऱ्या गरीब व गरजू रुग्णांना अत्यल्प दरात अँजिओप्लास्टीची सुविधा उपलब्ध करावी यासाठी जे. जे. रुग्णालयातील 'कॅथलॅब'चे नुकतेच प्रद्ययावतीकरण करण्यात आले. प्रसून यंद्याच्या वर्षा आणखी दोन कॅथलॅब उभारण्यात येतील. सर्वाधिक अँजिओप्लास्टी सर्जिक्रीया जे. जे. रुग्णालयात करण्यात येतात. मात्र मागील काही दिवसांपासून जे. जे. रुग्णालयाच्या कॅथलॅबमधील दोनपैकी एक यंत्र बंद होते. राग्य सरकारने नुकतेच या केंद्राचे अद्ययावतीकरण केले. या केंद्रात एक नवे यंत्र आणण्यात आले. या अद्ययावत कॅथलॅबमुळे सर्वसामान्य रुग्णांना अँजिओप्लास्टीसाठी निश्चितच फायदा होणार आहे. जे. जे. रुग्णालयातील कॅथलॅबच्या अद्ययावतीकरणामुळे रोज अँजिओप्लास्टी, अँजिओग्राफी आणि हृदयाची झडप बदलण्याच्या १५ शस्त्रक्रिया करणे शक्य होणार आहेत. दरवर्षी पाच हजार रुग्णांवर शस्त्रक्रिया होणार आहेत. त्यामुळे यापुढे रुग्णांना अधिक चांगले उपचार मिळण्यास मदत होईल, असा विश्वास व्यक्त करण्यात येत आहे. रुग्णालयातील येणाऱ्या रुग्णांची संख्या लक्षात घेता आता जे.जे. रुग्णालयामध्ये या वर्षामध्ये आणखी दोन कॅथलॅब सुरू करण्यात येणार आहेत. यामुळे महाराष्ट्रातील कानकोऱ्यातून येणाऱ्या गरीब आणि गरजू रुग्णांना अँजिओप्लास्टीची सुविधा अत्यल्प दरात उपलब्ध करून देणे शक्य होईल, असे जे.जे. रुग्णालयाच्या अधिष्ठाता डॉ. पल्लवी सापळे यांनी सांगितले. नव्याने उभारण्यात येणाऱ्या कॅथलॅबसाठी विधानसभा अध्यक्ष राहुल नावेंकर यांनी सर्वतोपरी सहकार्य आणि आर्थिक निधी उपलब्ध करून देण्याचे आश्वासन दिल्याचेही डॉ. सापळे यांनी सांगितले.

नवराष्ट्र

जे. जे. रुग्णालयाला मिळाली बस

मुंबई: सर जेजे रुग्णालयातील इन्फ्युलो हीमेटोलॉजी आणि ब्लड ट्रान्स्फ्युजन विभागाला गुरुवारी माझगाव डॉक शिप विल्डर्स लिमिटेड मुंबई यांच्या सीएसआर कार्यक्रमाअंतर्गत २४ सीटर बस देण्यात आली. या बस रुग्णालयाबाहेरील विविध ठिकाणी रक्तदान उपक्रम राबविण्यासाठी कामात येणार आहे, अशी माहिती इन्फ्युलो हीमेटोलॉजी आणि ब्लड ट्रान्स्फ्युजन विभागाचे विभाग प्रमुख आणि वैद्यकीय अधीक्षक डॉ. संजय सुरसे यांनी दिली.

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epaper.navarashtra.com



FAMILY CORNER



Heartiest congratulations to **Rtn Dr. Nilesh Satbhai**, for the remarkable success of transplanting both hands and functionality to Jivesh Kushavah after enduring the traumatic loss of his hands and a right leg due to a high voltage electrical shock.

Another commendable achievement for **Rtn. Dr. Nilesh** as he played a pivotal role in restoring a child's hand afflicted by Cellulitis, a severe bacterial skin infection. Despite medical advice for amputation, Dr. Nilesh's expertise and dedication saved the hand, offering a new lease of life to the young patient.





FAMILY CORNER



Heartiest congratulations to **Rtn Rashmi Patil**, for getting invited on Women's Day Celebration by Barrister Nath Pai Sevangan as a woman entrepreneur to share her experience and provide her guidance.



सावित्रीबाई फुले यांचे ऋण कधीही विसरू नका!

उद्योजिका रश्मी पाटील यांचे प्रतिपादन : बॅ. नाथ पै सेवांगण कट्टा शाखेतर्फे महिला दिन साजरा

बार्नाहिर कट्टा

महिलांच्या विषयगत सावित्रीबाई फुले यांचे योगदान महत्त्वाचे आहे. त्यामुळे सावित्रीबाईंचे ऋण विसरू नका असे प्रतिपादन उद्योजिका रश्मी पाटील यांनी कट्टा येथे केले. बॅ. नाथ पै सेवांगण कट्टा शाखेतर्फे येथे महिला दिन व सावित्रीबाई फुले पुण्यतिथी साजरी करण्यात आली. त्यावेळी त्या बोलेत होत्या.

आजुप्य रूपा सुंदर आहे आणि प्रत्येक महिलेने विविध कार्यक्रमात सहभाग घेऊन ते अधिकाधिक सुंदर करवण्याचा प्रयत्न करावाच. ह्या. आपल्या क्षमतेप्रमाणे सर्वांनी अनेक क्षेत्रात आगळा ठसा उमटवाच, असेही आवाहन त्यांनी केले.

प्राथमी स्वरा अर्जुन पैडुरकर हिने सुंदर तबला वादन केले. सेवांगणचे विश्वनाथ दीपक मोटे यांनी जिद्द असेल तर महिला काय करू शकतात हे स्वतःच्या सर्वांना दाखवून दिले आहे. आळशीत अस्मारी स्वरा

प्रामुख्याने पुष्पांची महत्त्वाची असलेल्या तबलावादन किती तिवजवला सार करले हे पारपर कीर्तुकस्पद आहे. याचही सर्व महिलांनी आदर्श घ्यावा, असे आवाहन केले. यावेळी स्वरा पैडुरकर, गीता नाईक, निरंजना गावडे, ईशा ताम्बणकर, सुमिता पावसकर यांनी भक्तिगीते व भावगीते म्हटली.

यावेळी घेण्यात आलेल्या मोठे आलेखी धान्य या धडकालागील पाकप्रज्ञा स्वयंसेवक क्लबक अर्चना पुजे, शिशीय स्वामी पोद्दारकर, तुरीय वृषाळी मालवकर, जयजयन

अमक अमिता भाऊवंदे, दीक्षा शंभेरकर यांनी प्राप्त केले. श्रेष्ठ वैजपीचा या बडारवार कार्यक्रमाचे निरोपून आसरा येथील विविधा कार्यवाही करणा ठेकणे, धान्या गुणगोकर, सौम्या ठेकणे, स्वनीत घडवाल, किरण ठेकणे, मितीन पडणेकर, जूही शेटले यांनी केले. स्वयंसेवक प्रथम पेशणीची मानकरी केला भाऊवंदे, द्वितीय पेशणीची मानकरी सायली बोडये व तृतीय पेशणीची मानकरी रिचा शीर ठरल्या.

मान्यवरांच्या हस्ते पारितोषिक वितरण करण्यात आले. पाककलेचे स्तरीकरण आरवी काळजी व मधुरा माडये यांनी केले. वेण्णवी लाड यांनी स्वयंसेवायन केले. पेशणी राधा पाटील, रश्मी पाटील व गीता नाईक यांनी बॅ. नाथ पै रश्मी दर्शन म्हाडगुत यांनी प्राथोचित केला होत्या. दोन दिवसां साजऱ्या साजऱ्या या कार्यक्रमास किर्लोस्कर तिरतेडकर, रश्मी पाटील, दीपक मोटे, दर्शन म्हाडगुत, सुमिता पावसकर, अर्जुन पैडुरकर, रंजना पाळरे, रंजेश म्हाडगुत, गीता नाईक, वेण्णवी लाड, बडारवार काळजी व भाऊवा संस्थेने महिला उपस्थित होत्या.



FAMILY CORNER



Heartiest congratulations to **Rtn. Prakash Samudra**, for getting invited to deliver a speech @ Chemtech Seminar in Goregaon on 'Chor Alkali technologies'. He is sharing the dias with Chairmen @ Aarti Ind Ltd, Business Head Birlas, Exe Chairman Excel Ind Ltd



Heartiest congratulations to **Pushkar**, son of **Rtn. Vidya Kulkarni**, for getting invited as a speaker to Infrastructure Investor Network, Global Summit at Berlin, Germany .





FAMILY CORNER



RCMM appreciates **Rtn. Shobha Karnik**, for her generous donation of World Books (a set of 24 books) to Matunga Premier School. Her contribution opens new vistas of knowledge for the students, fostering global perspectives and enriching their educational journey.



Heartiest congratulations to **Rtn. Dr. Sanhita Walvalkar**, for delivering a lecture on 'Adopting healthy practices to avoid Diabetes' for the employees, mainly artisans and office staff of UNIDESIGN, in Seepz. They make jewellery for export.





FAMILY CORNER



RCMM appreciates **Rtn. Pradnya Sabnis**, for connecting with Rotary Club of Porvorim and donating to their cause for Marathon Run Rotary Rain Run. She was in Goa attending Annual National Level Convention of Realtors at Narvigate.



Heartiest congratulations to **Rtn. Veena Watve**, for winning the 2nd Prize in the Inter Club Dance Competition of District 3141 held at Juhu, Rotary center through the Inner Wheel Club of Shivaji Park. The theme was festival of Gauri Ganapati.



We meet alternate Saturday at 9.00 a.m. at AOTS Hall else on Zoom Conference.

Year 2023-24

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FAMILY CORNER



Heartiest congratulations to **Rtn. Vidya Kulkarni**, for getting her bird image of Woodpecker selected for the cover page of International Journal of Life Sciences.





FAMILY CORNER



Heartiest congratulations to **Rtn. Seema Patole**, for getting invited for Farewell Function of Matunga Premier School to judge to select Miss Premier and Master Premier. She was also felicitated by the school authorities.





FAMILY CORNER



Heartiest congratulations to **Rtn. Girish Jawale**, for his insightful interview on News Danka, where he shared his expertise on the captivating subject of cricket. With an undeniable passion for the sport, Rtn. Girish not only imparts his knowledge as a cricket coach but also mentors numerous aspiring young cricketers, nurturing their dreams of sporting success.



Heartiest congratulations to **Rtn. Dr. Hemangee Dhavale**, for getting invited as a Chairperson for Bombay Psychiatry Clinical Meeting.





FAMILY CORNER

***Wishing you a day filled with Happiness and a year filled with Joy.
Happy Birthday***



Kiran, wife of Rtn. Dr. Prasad Modak
Neha, daughter of Rtns. Shaila & Lalit Rege
Omkar, son of Rtn. Vasant Pathak
Tripooraj, son of Rtn. Dr. Hemangee Dhavale
Jayant, husband of Rtn. Shobha Karnik
Rtn. Dr. Hemangee Dhavale
Rucha, daughter of Rtn. Archana Khale
Sayali, daughter of Rtn. Uday Damale
Savani, daughter of Rtn. Dr. Ankalikar
Suhas, husband of Rtn. Sunita Padwal
Rtn. Surashri Gokhale
Himani, wife of Rtn. Cittaranjan Datar
Rtn. Uday Damale
Rtn. Dr. Shobha Patkar
Rtn. Veena Watve
Rtn. Chittaranjan Datar
Amruta, daughter of Rtn. Pradeep Dixit
Sushila, wife of Rtn. S Venkateswaran
Rtn. Uma Sahasrabudhe
Dr. Madhura, wife of Rtn. Dr. Nilesh Satbhai
Varun, son of Rtn. Dr. Nilesh Satbhai
Abhimanyu, son of Rtn. Alka Khedakar



FAMILY CORNER

Wishing you a very happy wedding anniversary and many more wonderful years together



Rtns. Varsha & Kishore Parulekar

IN ROTARY MONTH MARCH IS DESIGNATED AS WATER, SANITATION, AND HYGIENE MONTH

MARCH



“Life is a perspective and for me, if a human being has access to school, clean water, food, proper health care, that is the basis of human rights.”
Gelila Bekele

WATER, SANITATION AND HYGIENE MONTH



TAKE ACTION: Join Rotary, Be a People of Action



WATER, SANITATION AND HYGIENE

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